



Gandhi Nagar, Vellore - 6.

Kanali Women's Cell

2023 - 2024

S.NO	DATE	ACTIVITIES	BENIFICIARIES
1.	24.08.2023	Workshop on awareness and consumption of millets by women	250
2.	10.10.2023	Women Environmentalists	100
3.	22.11.2023	Blood Donation Camp	100
4.	08.03.2024	State Level Workshop on Gender Equality	140

Kanali Women's Cell 2023 - 2024

Event : Workshop on awareness and consumption of millets by women

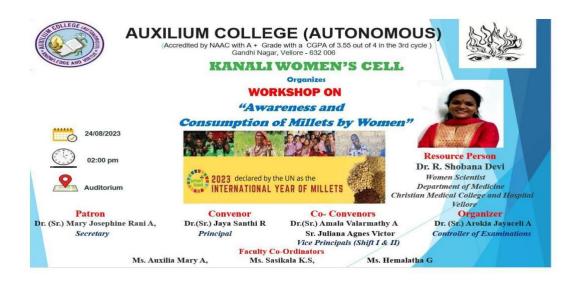
Date : 24.08.2023

Venue : Auditorium, Auxilium college (Autonomous)

No. of participants : 250

The Food and Agricultural Organization and the United Nations has recognised 2023 as the International Year of Millets. In order to commemorate this novel occasion, Kanali Women's cell organised a workshop on the topic: Awareness and Consumption of Millets by Women on the 24th of August 2023. The guest speaker, Dr. R. Shobana Devi, women scientist, the Department of Medicine, Christian Medical College and Hospital, Vellore, spoke elaborately about the secrets in enhancing women's health. Dr. Shobana emphasised the importance of a balanced diet and its effect on our immune system. The participants of the workshop were provided with an exceptional insight on the positives and negatives of the various foods we consume on a daily basis. Consumption of millets by women aids their ability to fight cardiovascular and metabolic diseases as stated by our speaker. She urged the students to maintain a healthy diet to lead a sound and robust life. The workshop proved vital in reminding the participants to restrict their consumption of unhealthy products and strive to improve their physical as well as mental health and well-being.

Workshop on awareness and consumption of millets by women







Women's environmentalists

Event : women's environmentalists

Date : 13.10.2023

Venue : Auxilium College, Vellore

No. of participants: 100

The Kanali Women's Cell organized an activity to shed light on the exceptional measures undertaken by women's environmentalists around the globe. The participants were asked to select a particular feminine eco-activist and were instructed to create a brief biography of their contribution and acts to improve the environmental standards. Eminent environmentalists such as Rachel Carson, Jane Good all, Sylvia Earle, Greta Thunberg, and Elizabeth May, and their dedication and service to the ecosystem were highlighted. On completion, each participant proceeded to enrich the knowledge of their fellow students by sharing with them the information they had collected and recorded. This activity emphasised the significance of the actions of environmentalists and reminded the participants of the necessity of such revolutionary methods to save our deteriorating environment.

Women's Environmentalists









Blood Donation camp

Event: Blood Donation camp

Date : 22/11/2023

Venue : Auxilium College (Autonomous), Vellore, Katpadi.

No. of. Participants: 100 students volunteered.

In addition to academics, Auxilium College tends to nurture ethical, social, and human values. Blood donation is an important act of social service. After all, a little effort can give others a second chance to live. Auxilium College's Kanali Women's Cell and the VIDES groups and movements, organised a Blood donation camp on November 22, 2023, in collaboration with Christian Medical College Hospital, Vellore. We extend our thanks to Ms. Priyanka. S (PRO), Dr. Arthi. R and her team from CMC for the impeccable service that they rendered. HDFC Bank sponsored lunch bags which were given to all the blood donors. A total of 100 students volunteered, and 53 units of blood was donated. A big thank you to all the blood donors who selflessly volunteered to contribute to this noble cause and build a healthier world.

Blood Donation camp











Event : State level Work Shop on Gender Equality

Date : 08/03/2024

Venue : Auxilium College (Autonomous), Vellore, Katpadi.

No. of Participants: 140 students

The Department of Social Work and Kanali Women's Cell Auxilium College vellore, in collaboration with ARUWYE Development Office of Salesian Sisters, organized a one-day State-level Seminar on "Gender Equality" on International Women's Day, March 8th, 2024, at Sr. Antanet Library Hall, Auxilium College, Vellore. The event saw active participation from 130 students from Auxilium College and various other colleges. The primary objective of the workshop was to raise awareness and stimulate discussions on the significance of gender equality in society, with sessions focusing on key themes related to this topic. Sr. Mary Josephine Isabella, Director of the Development Office of Salesian Sisters, Chennai, addressed various facets of Gender Equality, emphasizing the imperative for equal rights, combating societal stereotypes, and removing barriers to ensure equitable educational opportunities.

The first session featured Mrs. Sumathi Kabilan, Advocate and Senior Executive Member of the Women Advocate Association, Vellore. She delivered an engaging session on Gender and Work, shedding light on workplace challenges stemming from gender biases and discrimination, and advocating for equal opportunities for all genders. The subsequent session was conducted by Prof. Thirumaran, Head of the Department of Defense and Strategic Studies, Voohrees College, Vellore. He led a thought-provoking discussion on gender and education, emphasizing the importance of equal access to education for all genders and strategizing ways to foster inclusive educational environments. The Three session conducted Dr. Vijayalakshmi, Assistant Professor in the Department of Botany at Queen Mary's College, Chennai, conducted an informative session on Gender and Environment. This session delved into the correlation between gender and environmental issues, stressing the significance of women's involvement in addressing environmental challenges and decision-making processes.

As a tribute to women activists, the Mama Margaret Award was conferred upon Ms. Deepa Lakshmi, an Environmentalist, in recognition of her outstanding contributions to Organic Farming and empowering the women's community. This award aims to inspire and acknowledge individuals dedicated to empowering women and advocating for gender justice. Through engaging sessions and meaningful discussions, participants gained insights into various aspects of gender equality. The workshop aimed to inspire individuals to challenge gender stereotypes, foster inclusivity, and take proactive measures towards creating a society where everyone is treated with dignity and respect, irrespective of gender. The success of this workshop underscores the importance of collaborative efforts and organizational commitment towards achieving gender equality. By raising awareness and empowering individuals, we can strive towards a future where gender equality is truly realized.

State Level workshop on Gender Equality

